

Curriculum Vitae

MELISSA S. SKOFF

APRN, APNP, DNP, FNP-BC, AGACNP-BC, CCRN-CSC-CMC

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CURRENT POSITION

- **Assistant Professor - Department of Nursing** 01/2023 - Present
University of Wisconsin - Eau Claire, Adult Gerontological Nurse Practitioner
Full Time Tenure Track Faculty, Eau Claire, WI
- **Certified Nurse Practitioner - Hospitalist, Emergency Department, Urgent Care** 07/2022 - Present
Aspirus Health Locum Provider - Ironwood, MI; Iron River, MI; Wausau, WI

EDUCATION

- **Post-Graduate APRN Certificate Program - Adult Gerontological Acute Care Nurse Practitioner** 05/2020 - 12/2021
College of St. Scholastica, Duluth, MN
- **Doctor of Nursing Practice** 06/2013 - 05/2017
College of St. Scholastica, Duluth, MN
- **Bachelor of Science in Nursing, Post - Baccalaureate Program** 05/2011-08/2012
College of St. Scholastica, Duluth, MN
- **BAS, Bachelor of Applied Science in Exercise Science** 09/2007 - 05/2011
Minors in Biology and Psychology
University of Minnesota Duluth, Duluth, MN

ACADEMIC EXPERIENCE

- **Assistant Professor Faculty** 01/2019 - 08/2022
College of St. Scholastica, Duluth, MN
- **Adjunct Faculty** 05/2012 - 12/2018
College of St. Scholastica, Duluth, MN
- **Clinical Instructor** 12/2013 - 12/2016
College of St. Scholastica, Duluth, MN
Taught a variety of clinicals within the CentraCare Health System to post - baccalaureate nursing students.
- **Graduate Assistant** 05/2013 - 05/2017
College of St. Scholastica, Duluth, MN
Worked as a Graduate Assistant for the post-baccalaureate program.
Coordinated lab set-up and learning activities.

CLINICAL EXPERIENCE

- **Certified Nurse Practitioner - Hospitalist and Emergency Department** 01/2022 - 02/2023
Spooner Health, Spooner, WI.
- **Assistant Professor - Graduate Nursing Department** 01/2019 - 09/2022
College of St Scholastica, Duluth, MN.
- **Certified Nurse Practitioner - FastCare Clinic and Emergency Department** 12/2017 - 01/2021
Olmsted Medical Center, Rochester, MN.
- **Certified Nurse Practitioner - Cardiovascular Surgery Hospitalist** 08/2017 - 10/2021
Mayo Clinic, Rochester, MN.

PROFESSIONAL LICENSES AND CERTIFICATIONS

Professional Licenses

- **Wisconsin Advanced Practice Nurse Prescriber License** Current through 2024
- **Wisconsin Registered Nurse License** Current through 2026
- **Minnesota Advanced Practice Registered Nurse License** Current through 2025
- **Minnesota Registered Nurse License** Current through 2025
- **Michigan Advanced Practice Nurse Prescriber License** Current through 2024
- **Michigan Registered Nurse License** Current through 2024
- **Wisconsin Drug Enforcement Agency License** Current through 2026
- **Michigan Drug Enforcement Agency License** Current through 2026

Certifications

American Nurses Credentialing Center (ANCC)

- **Family Nurse Practitioner Board Certified (FNP-BC)** Current through 2027
- **Adult Gerontological Acute Care Nurse Practitioner Board Certified (AGACNP-BC)** Current through 2027

American Heart Association (AHA)

- **Pediatric Advanced Life Support (PALS) - Provider** Current through 2025
- **Advanced Cardiovascular Life Support (ACLS) - Provider** Current through 2025
- **Basic Life Support (BLS) - Provider** Current through 2025

American Association of Critical Care Nurses (AACN)

- **Critical Care Registered Nurse (CCRN)** 10/2022 - 10/2025

- Cardiac Medicine Certification (CMC) 12/2022 - 10/2025
- Cardiovascular Surgery Certification (CSC) 12/2022 - 10/2025

Comprehensive Advanced Life Support (CALs) - Provider

Current through 2027

PUBLICATIONS

Skoff, M., Wittwer, E., & Fox, J. (2020). Predicting the Future - And Then? Estimating the Length of Stay in the Cardiac Surgical ICU. *Journal of Cardiothoracic and Vascular Anesthesia*, 34, 2962-2963. doi: <http://doi.org/10.1053/j.jvca.2020.07.054>

SERVICE

Academic Service

-College Service

- **Scholarship Review Committee - UWEC** 05/2023
Reviewed and made recommendations for student scholarship recipients

-University Service

- **National Conference for Undergraduate Research - UWEC** 04/2023
Lead Volunteer - Duties as assigned, helped other volunteers with work

Community Service

- **Spooner Public Library** - Spooner, WI 01/2023 - Present
Volunteer - Helps with community projects as outlined by Librarian Supervisor
- **New Orleans Mission Trip with Crossroads Church** - Lakeville, MN 04/2013
Volunteer - Helped to rebuild homes for those affected by Hurricane Katrina.
- **The Encounter Youth Center** - Duluth, MN 2011 - 2012
Volunteer - Worked to facilitate activities and events for local youth.
- **Duluth Vineyard Food Shelf** - Duluth, MN 2011 - 2012
Volunteer Server
- **Lincoln Park Boys and Girls Club** - Duluth, MN 2009 - 2010
Volunteer Tutor for elementary and middle school aged children.
- **Damiano Soup Kitchen** - *Duluth, MN* 2008 - 2010
Volunteer Cook and Server
- **Bogota Mission Trip With Root River Community Church** - Rushford, MN 08/2007
Volunteer - Taught English to school age children

COMMITTEE MEMBERSHIPS

- **Graduate Curriculum and Admissions Committee Member - UWEC** 09/2023 - Present
Participate in graduate curriculum development and candidates for graduate school each admissions cycle
- **Gerontological Advanced Practice Nurses Association Education Committee Member** 01/2023 -Present
-Participate in Education Committee Meetings
-Acute Care and Emergency Special Interest Group
- **Mentoring and Orientation Committee Member - CSS** 11/2019 - 08/2022
Worked to establish orientation and mentoring for new faculty members
- **Graduate Admissions Committee - CSS** 01/2019 - 08/2022
Each application cycle, reviewed applications for the DNP Program and made recommendations
- **Education Committee Member - Mayo Clinic, Rochester, MN** 06/2019 - 10/2021
-Member of the Education Committee for the Cardiovascular Surgery NPPA Group
-Project highlight - compiled transplant related information for new providers to study and reference

PROFESSIONAL MEMBERSHIPS

- **Gerontological Advanced Practice Nurses Association - Member** 05/2023 - Present
- **American Association of Colleges of Nursing - Member** 05/2023 - Present
- **National League for Nursing - Member** 05/2023 - Present
- **American Association of Critical-Care Nurses - Member** 04/2022 - Present
- **Sigma Theta Tau International Honor Society of Nursing - Member** 04/2012 - Present

ACADEMIC HONORS AND AWARDS

- **Daisy Educator Award Nominee - *The College of St. Scholastica, Duluth, MN.*** 05/2022
Nominee for award to recognize exceptional nurses in academic healthcare settings who exhibit, inspire, and nurture compassion and respect amongst students.
- **Cum Laude - *The College of St. Scholastica, Duluth, MN.*** 08/2012
Graduated with honors from BSN degree program.
- **Sigma Theta Tau Nursing Honor Society Induction - *The College of St. Scholastica, Duluth, MN.*** 05/2012
Inducted into Sigma Theta Tau Honor Society from BSN program.
- **Summa Cum Laude - *The University of Minnesota Duluth, Duluth, MN.*** 05/2011
Graduated with a Bachelor of Applied Science degree, Summa Cum Laude honors.
- **Phi Kappa Phi Award - *The University Minnesota Duluth, Duluth, MN.*** 05/2011
Award meant that honored high academic achievement in the BAS program.
- **Exercise Science Major of the Year Award - *The University of Minnesota Duluth, Duluth, MN*** 05/2011
Award for being the top student in my major, participating in athletics, a variety of research opportunities, teaching

within the department, tutoring students within the department, and volunteering for a variety of events sponsored by the College of Education and Human Services.

- **Dean's List - The College of St. Scholastica, Duluth, MN.** **05/2011 - 08/2012**
Dean's List for all semesters while obtaining my Bachelor of Science in Nursing.
- **Track and Field Athlete of the Year - The University of Minnesota Duluth, Duluth, MN.** **05/2008**
Recognized for athletic achievements and work ethic freshman year of college.
Set the University's record for the longest female discus throw in the University's history.
- **Dean's List - The University of Minnesota Duluth, Duluth, MN.** **09/2007 - 05/2011**
Dean's List for all semesters while obtaining my BAS degree within Exercise Science.
- **Best in Class Scholarship - The University of Minnesota Duluth, Duluth, MN.** **09/2007- 05/2011**
Best in Class Scholarship for achieving the #1 ranking in my high school class. Maintained the scholarship throughout my education by achieving a high GPA.

QUALITY AND RESEARCH INTERESTS

Professional Research Project

- Participated in a retrospective study with Mayo Clinic colleagues. **2019**
Title: The Duration of Delayed Sternal Closure In High Risk Patients After Cardiac Surgery: The Impact On Postoperative Outcomes. Objectives: Delayed sternal closure (DSC) after cardiac surgery procedures is a useful temporizing measure to address hemodynamic instability and coagulopathy after high risk cardiac surgery procedures. We examined the association between length of DSC and short and long-term outcomes.

Doctoral Clinical Project

- Completed a clinical quality improvement project associated with my doctoral education. Developed a project to examine and improve health care directive completion rates in a rural health care facility. Results revealed that when a Certified Advance Care Planning Facilitator provided education to patients and met with them to complete the documents, completion rates of health care directives drastically improved. **01/2015 - 12/2016**

Undergraduate Research

- Researcher Undergraduate Research Opportunities Program **2010- 2011**
Organize and conduct experiment entitled, Investigation of Variable Exercise Intensities and Dynamic Visual Acuity Levels on Coincidence Anticipation Timing

COURSES TAUGHT - UWEC

Spring 2024

- NRSRG 703 Advanced Clinical Concepts for Nurse Educators - 3 credits
- NRSRG 704 Advanced Health Assessment: Adult Gerontology - 3 credits (2 lecture, 1 lab)
- NRSRG 708 Advanced Health Assessment: Family - 3 credits (2 lecture, 1 lab)
- NRSRG 712 Pharmacotherapeutics for Advanced Clinical Practice - 3 credits
Course Coordinator

- NRS 815 Advanced Clinical Practice II for Adults and Older Adults - 6 credits (Theory 4 credits, Practicum 2 credits)
- NRS 817 Advanced Clinical Practice II for Family Health - 6 credits (Theory 4 credits, Practicum 2 credits)
Supervision of 6 clinical students
- Simulation Credits
Faculty supervisor during open lab times throughout the semester

Fall 2023

- NRS 831 Advanced Clinical Practice of Frail Older Adults - 5 credits (2 didactic; 3 clinical)
- Simulation Credits
Assist with Undergraduate RN Check-offs (NRS 267)

Spring 2023

- NRS 267 Clinical Practicum: Foundational Skills for Nursing Practice - 3 credits (1 didactic; 2 lab)
- NRS 802 Philosophical, Theoretical, and Ethical Foundations for Advanced Nursing Practice (3 credits)
Course Coordinator - singular faculty
- NRS 815 Advanced Clinical Practice II for Adults and Older Adults - 6 credits (Theory 4 credits, Practicum 2 credits)
Supervision of two clinical students
- NRS 817 Family Health: Advanced Clinical Practice II - 6 credits (Theory 4 credits, Practicum 2 credits)

PROFESSIONAL DEVELOPMENT

Academic Professional Development - UWEC

- **Dare to Lead Trainings** **09/2023 - 12/2023**
Training created by Brenee Brown.
Interpersonal Trainings on Brenee Brown's Dare to Lead Content
- **2023 - 2024 Center for Excellence in Teaching and Learning Activity Teaching Academy** **08/2023**
One week of teaching and learning activities both online and on campus
- **APA Manual Training with Jen Yanko (APA Representative)** **04/2023**
Participant
- **Simulation Lab Training** **03/2023**
Docucare Training within Simulation Lab
- **Newer Nurse Educator Meetings** **02/2023 - 05/2023**
Discussion about relevant onboarding topics to UWEC
- **Center for Excellence in Teaching and Learning Activity** **02/2023 - 05/2023**
Spring 2023 Certificate Program
Discussion of teaching and learning best practices

- **Center for Excellence in Teaching and Learning Activity** 02/2023 - 05/2023
Spring Semester Book Club, Radical Hope

Academic Professional Development - The College of St. Scholastica

- **Teaching Matters Lunch Sessions** 01/2022 - 05/2022
Lunch sessions examining pedagogy of teaching and learning applicable to many types of teaching and learning.
- **Teaching Matters Lunch Sessions** 09/2021 - 12/2021
Lunch sessions examining pedagogy of teaching and learning applicable to many types of teaching and learning.
- **Academic Faculty Development Trainings** 08/2021
One week of faculty development workshops
- **Teaching Matters Lunch Sessions** 01/2021 - 05/2021
Lunch sessions examining pedagogy of teaching and learning applicable to many types of teaching and learning.
- **Teaching Matters Lunch Sessions** 09/2020 - 12/2020
Lunch sessions examining pedagogy of teaching and learning applicable to many types of teaching and learning.
- **Academic Faculty Development Trainings** 08/2020
One week of faculty development workshops
- **Teaching Matters Lunch Sessions** 01/2020 - 05/2020
Lunch sessions examined pedagogy of teaching and learning applicable to many types of teaching and learning.
- **Teaching Matters Lunch Sessions** 11/2019 - 12/2019
Lunch sessions examined pedagogy of teaching and learning applicable to many types of teaching and learning.
Topics included: APA 7th Edition Overview, Formative Assessment Strategies, Teaching and Learning That Hits the Mark, and Military and Military Students 101.
- **Flower Darby Workshop** 11/2019
Author of 'Small Teaching Online' provided a one hour presentation on her book and strategies for online teaching.
- **"A Model for Productive Scholarly Writing" workshop** 10/2019
Review of teaching and assisting students in achieving a high level of scholarly writing.
- **First Year Faculty Mentorship Program** 09/2019 - 09/2020
Participant in first-year faculty mentorship program.Had regular meetings with an experienced faculty member to discuss new teaching techniques and teaching strategies
- **Faulty - Staff Institute Meeting** 08/2019
On-campus workshops that reviewed teaching and learning strategies and transitions of students to college life.
Topics Included: Making Courses Accessible, First-Generation Culture in Grad School, First-Gen Student Support, Pedagogy for Teaching First-Generation Students, Career Development for First-Gen Students, Online But Not Alone: Engaging Students Online, Who are our 21st Century Learners, Diversity and Inclusion, Academy Plus Program: Student Support Theory

Into Practice, Connectedness and Belonging, Navigation Challenging Disability Accommodations in High Education

- **Academic Technology Institute Meeting** 08/2019
Topics Included - Students Perceptions on of Inclusive Excellence: Impact On Course Satisfaction, Using Group Work online and Face-to-Face to Improve Student Engagement, Blackboard Discussions Extend the Face-to-Face Classroom, Social Learning, Short Takes on 'Small Teaching' and 'Make It Stick'
- **New Faculty Orientation** 08/2019
Topics Included: The First Year Experience, Essentials of Blackboard, Teaching: The Syllabus and the First Days of Class
- **James Lang Faculty Workshop** 05/2019
Author of 'Small Teaching' provided a full-day workshop on key teaching principles, teaching strategies, and a breakout sessions all related to teaching
- **Using Groups in Your Classroom** 02/2019
Examination of social dynamics and the use of groups within a classroom.
- **Using Zoom as a Teaching Tool Workshop** 01/2019 - 03/2019
Three - part series that examined the utility of using Zoom as a classroom tool to provide lectures and interactions with students online.
- **Instructor Resources: Teaching with Technology Workshop** 01/2018 - 05/2018
Completed a course that examined the use of technological resources such as Blackboard, Zoom, VoiceThread, and Google.

Clinical Practice Professional Development

- **Fitzgerald Health and Associates Passport Membership Participant** 12/2022 - Present
Ongoing clinical education in the form of in-person classes, livestream classes, On-demand classes, and podcast resources.
- **Neurology and Psychiatry for Primary Care Conference Participant** 07/2023
Medical Education Resources
Review of relevant topics for neurology and psychiatry for primary care
- **Hospitalist Boot Camp On Demand Participant** 09/2022
American Association of Physician Assistants
Intensive Hospitalist Medicine Boot Camp
- **Emergency Medicine - An Intensive Boot Camp Participant** 08/2022
The Center for Emergency Medicine Education
Intensive Emergency Medicine Boot Camp Review
- **Fitzgerald Health and Associates: Adult - Gerontology Acute Care Nurse Practitioner Certification Review and Clinical Update Participant** 09/2021
Review and update on Adult Gerontological topics

- **Barkley & Associates: Adult - Gerontology Acute Care Nurse Practitioner Participant** **12/2021**
 Adult Gerontological Acute Care Board Review
- **National Organization of Nurse Practitioner Faculty Organization - 46th Annual Conference Participant** **04/2021**
 New Frontiers for Nurse Practitioner Education
- **National Organization of Nurse Practitioner Faculty Organization - 45th Annual Conference - Envisioning a New Era for NP Education Participant** **04/2020**
 Review of current Nurse Practitioner practice implications: Nurse Practitioner education
- **Cardiovascular Surgery NPPA Skills Training Participant** **03/2020**
 Review of cardiovascular surgery skills, central line insertion, chest reopening, and simulation scenarios
 Mayo Clinic College of Medicine and Science
- **Northeast Telehealth Resource Center - Portland, Maine Participant** **06/2019**
 Discussion regarding the current practice and future of Telehealth medicine
- **Cardiovascular Surgery NPPA Skills Training Participant** **03/2019**
 Simulation of skills necessary for cardiovascular surgery NPPAs
 Mayo Clinic College of Medicine and Science
- **Internal Medicine for Primary Care - Key West, Florida Participant** **02/2019**
 Review of Internal Medicine Topics for Primary Care
 Medical Education Resources
- **Geriatric Medicine for Primary Care: Neurology, Palliative, and Rheumatology - San Diego, California Participant** **10/2018**
 Geriatric Medicine for Primary Care including review of Neurological, Palliative, and Rheumatology
 Medical Education Resources
- **Fundamentals of Critical Care Support Participant** **10/2018**
 Review of the fundamentals of caring for critically ill patients
 Mayo Clinic College of Medicine and Science.
- **Cardiology and Pulmonology for Primary Care - Orlando, Florida Participant** **01/2018**
 Review of Cardiology and Pulmonology concepts in relation to medical practice
 Medical Education Resources
- **Advanced ECG Workshop Topics: Fundamentals, Bundle Branch Blocks, and ECG Changes with Acute Coronary Disease Participant** **10/2018**
 Reviewed 12 ECG changes associated with ischemia, injury, infarction, bundle branch blocks, and hypertrophy. Discussion of clinical significance and interventions.
 Mayo Clinic Department of Nursing