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Targeted Education for School Staff on Electronic Nicotine Delivery Systems: A Nurse Led Intervention

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A public health epidemic in adolescents using Electronic Nicotine Delivery Systems-ENDSs (e-cigarettes, vaping products) exists, and little is known about school staff ENDS knowledge level. A descriptive, nonrandomly selected pre-test/post-test research design for school staff was used to examine outcomes of a nurse-led intervention designed to increase knowledge about ENDS. Results of 125 participants revealed further educational needs in content areas including youth-targeted advertising, and the plethora of available flavorings. Post-test results showed significant participant knowledge score improvement. Recommendations include implementation to a more diverse sample with school nurses spearheading an upstream, systematic approach to address this adolescent health crisis.

