

**The Current Mentor Scale consists of 34 items that reflect different aspects of a mentoring relationship. Please rate each item according to how much it describes your current mentor.**

***Answer each item by circling a number 1-5 according to the following scale:***

<b>Not at All</b>		<b>Somewhat</b>		<b>A Lot</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

**My current mentor. . .**

- |  |                  |
|--|------------------|
| 1. . . shows me how to employ relevant research techniques.                                | <b>1 2 3 4 5</b> |
| 2. . . gives me specific assignments related to my research problem.                       | <b>1 2 3 4 5</b> |
| 3. . . gives proper credit to his/her student researchers.                                 | <b>1 2 3 4 5</b> |
| 4. . . takes me out for dinner and/or drink after work.                                    | <b>1 2 3 4 5</b> |
| 5. . . prefers to cooperate with others than compete with them.                            | <b>1 2 3 4 5</b> |
| 6. . . helps me to maintain a clear focus on my research objectives.                       | <b>1 2 3 4 5</b> |
| 7. . . respects the intellectual property rights of others.                                | <b>1 2 3 4 5</b> |
| 8. . . is a role model.  | <b>1 2 3 4 5</b> |
| 9. . . brainstorms solutions to a problem concerning my research project.                  | <b>1 2 3 4 5</b> |
| 10. . . is calm and collected in times of stress.  | <b>1 2 3 4 5</b> |
| 11. . . is interested in speculating on the nature of the universe or the human condition. | <b>1 2 3 4 5</b> |
| 12. . . treats me as an adult who has a right to be involved in decisions that affect me.  | <b>1 2 3 4 5</b> |
| 13. . . helps me plan the outline for a presentation of my research.                       | <b>1 2 3 4 5</b> |
| 14. . . inspires me by his or her example and words.                                       | <b>1 2 3 4 5</b> |
| 15. . . rarely feels fearful or anxious.   | <b>1 2 3 4 5</b> |
| 16. . . helps me investigate a problem I am having with research design.                   | <b>1 2 3 4 5</b> |
| 17. . . accepts me as a junior colleague.  | <b>1 2 3 4 5</b> |
| 18. . . is seldom sad or depressed.  | <b>1 2 3 4 5</b> |
| 19. . . advocates for my needs and interests.  | <b>1 2 3 4 5</b> |
| 20. . . talks to me about his or her personal problems.                                    | <b>1 2 3 4 5</b> |

*Answer each item by circling a number 1-5 according to the following scale:*

Not at All		Somewhat		A Lot	
1	2	3	4	5	
<b><u>My current mentor. . .</u></b>					
21. . . . generally tries to be thoughtful and considerate.	1	2	3	4	5
22. . . . is a cheerful, high-spirited person.	1	2	3	4	5
23. . . . values me as a person.	1	2	3	4	5
24. . . . has coffee or lunch with me on occasion.	1	2	3	4	5
25. . . . keeps his or her workspace neat and clean.	1	2	3	4	5
26. . . . believes in me.	1	2	3	4	5
27. . . . meets with me on a regular basis.	1	2	3	4	5
28. . . . relates to me as if he/she is a responsible, admirable older sibling.	1	2	3	4	5
29. . . . recognizes my potential.	1	2	3	4	5
30. . . . helps me to realize my life vision.	1	2	3	4	5
31. . . . helps me plan a timetable for my research.	1	2	3	4	5
32. . . . works hard to accomplish his/her goals.	1	2	3	4	5
33. . . . provides information to help me understand the subject matter I am researching.	1	2	3	4	5
34. . . . is generous with time and other resources.	1	2	3	4	5

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**Scoring:**  
**Integrity (14 items):** 3, 5, 7, 8, 10, 12, 14, 17, 19, 21, 23, 26, 29, 32  
**Guidance (10 items):** 1, 2, 6, 9, 13, 16, 27, 31, 33, 34  
**Relationship (10 items):** 4, 11, 15, 18, 20, 22, 24, 25, 28, 30