

Blood alcohol content	Predictable effects
.02% to .04%	<ul style="list-style-type: none"> <li>• <b>Light-headed</b></li> <li>• Relaxation</li> <li>• Sensation of warmth</li> <li>• Altered mood ("high")</li> <li>• Minor impairment of judgment</li> </ul>
.05% to .07%	<ul style="list-style-type: none"> <li>• <b>Buzzed</b></li> <li>• Relaxation</li> <li>• Euphoria</li> <li>• Lower inhibitions</li> <li>• Minor impairment of reasoning and memory</li> <li>• Exaggerated emotions (both good and bad)</li> </ul>
.08% to .10%	<ul style="list-style-type: none"> <li>• <b>Legally impaired</b></li> <li>• Euphoria</li> <li>• Fatigue</li> <li>• Impairment in: <ul style="list-style-type: none"> <li>○ Balance</li> <li>○ Speech</li> <li>○ Vision</li> <li>○ Reaction time and hearing</li> </ul> </li> <li>• Judgment and self-control are impaired</li> </ul>
.11% to .15%	<ul style="list-style-type: none"> <li>• <b>Drunk</b></li> <li>• "High" reduced</li> <li>• Depressive effect more pronounced (anxiety, depression or unease)</li> <li>• Gross motor impairment</li> <li>• Judgment and perception severely impaired</li> </ul>
.16% to .19%	<ul style="list-style-type: none"> <li>• <b>Very drunk</b></li> <li>• Strong state of depression</li> <li>• Nausea</li> <li>• Disorientation</li> <li>• Dizzy</li> <li>• Increased motor impairment</li> <li>• Blurred vision</li> <li>• Judgment further impaired</li> </ul>
.20% to .24%	<ul style="list-style-type: none"> <li>• <b>Dazed and confused</b></li> <li>• Gross disorientation to time and place</li> <li>• Increased nausea and vomiting</li> <li>• May need assistance to stand/walk</li> <li>• Impervious to pain</li> <li>• Blackout likely</li> </ul>
.25% to .30%	<ul style="list-style-type: none"> <li>• <b>Stupor</b></li> <li>• All mental, physical and sensory functions are severely impaired</li> <li>• Accidents very likely</li> <li>• Little comprehension</li> <li>• May pass out suddenly</li> </ul>
.31% and up	<ul style="list-style-type: none"> <li>• <b>Coma</b></li> <li>• Level of surgical amnesia</li> <li>• Onset of coma</li> <li>• Possibility of acute alcohol poisoning</li> <li>• Death due to respiratory arrest is likely in 50% of drinkers</li> </ul>