

# 2026 Academy for Lifelong Learners

## SCHEDULE AT A GLANCE

### 7-9:00 a.m. | Check-in

Arrive early and enjoy the following activities:

**Continental Breakfast** *Sponsored by Trust Point Wealth Management*

**Sponsor Galleries** First and Second Floor

Open from 7 a.m.-2 p.m. Pick up valuable information from dozens of exhibit booths. Be sure to fill out and complete your Puzz-ALL card throughout the day to be entered for the Grand Prize Package drawing at the closing session.

**Blood Pressure Screenings** *Sponsored by Mayo Clinic Health System*

Available from 7 a.m.–2 p.m. Stop by the Mayo Clinic Health System booth on second floor for information on health services and a free blood pressure screening.

**Photo Booth** *Sponsored by Shield*

Available from 7-11:30 a.m. and 12:30–2 p.m. Visit the photo booth on first floor to have a FREE photo taken and receive a fun keepsake.

**Massages** *Sponsored by Stucky Chiropractic*

Available from 7-9 a.m. and 12:30–2 p.m. Visit Stucky Chiropractic on second floor to relax with a complimentary massage.

### 9-10 a.m. | Opening Session

**Welcome:** Cathy Reitz, Academy for Lifelong Learners emcee

**Opening Remarks:** Brandon Thorsness, Regional Business Development Director for Cambridge Senior Living

**Keynote Address:** Richard Kyte *Sponsored by Cambridge Senior Living*

### 10-10:15 a.m. | Break

### 10:15 – 11:15 a.m. | Session 1 Workshops

### 11:15 – 11:30 a.m. | Break

### 11:30 a.m. – 12:30 p.m. | Session 2 Workshops

### 12:30 – 2 p.m. | Lunch

The sponsor galleries, massages, blood pressure screenings, and photo booth will remain open until 2 p.m.

### 2–3 p.m. | Session 3 Workshops

### 3–3:30 p.m. | Closing Session

**Entertainment:** *Remember When... Let's Reminisce Together*

Fun trip down memory lane to end the day!

**Closing Remarks:** Cathy Reitz, Academy for Lifelong Learners Emcee

**Announcement of Prize Winners:** Local Life — Eau Claire Style Prize Package winner and other door prizes (*must be present to win*).

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