Professional Development Conference

2024: PEER Gratitude

Date: June 5, 2024 - all day, in-person

7:30-8:00 am | Registration + Light Refreshments
8:00-9:15 am | Welcome Reception + Keynote: “Peer Gratitude… That’s the Attitude” by Tom Kidd
9:30-10:30 am | Session I Options
   - Appreciation and Gratitude Practices by Riley McGrath
   - Emotional Intelligence by Karen Morris
   - From Chaos to Cohesion: Workflows and File Storage with Microsoft Teams and Beyond by Jacob Stansberry
   - Meditating Mandalas by Heidi Decker-Maurer
   - Keep or Toss: Records Management 101 by Sarah Beer
10:45-11:45 am | Session II Options
   - Sound Bowls with Guided Meditation by Authentic Light with Bridget
   - Critical Thinking in a Digital Era by Matt Meyer
   - Attitude of Gratitude Journal Making and Writing Workshop by Jodi Thesing-Ritter
   - Re-Train Your Metabolism by Emily Boudreau
   - EAP Overview by Diane Little

***The Luncheon will start at 11:45 am (Taco Bar Buffet!)

***The University Staff Annual Meeting will start at 12:15 pm (only for UWEC University Staff members)

1:30-2:30 pm | Session III Options
   - Grow it Anywhere by Jeannie Chromey
   - Stress Management by Kylie Earing, Haley Wold, & Rebecca Rudolph
   - Maximizing Your Canva Designs by Jeanna Vande Zande & Erin Kriener
   - UWEC’s Identity on Campus and Beyond by Sarah Brandenburg & Jodi Baglien-Sparkes
   - Appreciating Our Differences by Dr. Cindy Halvorson

2:45-3:45 pm | Session IV Options
   - Walking Tour of the Sonnentag Event Center & Fieldhouse by Michael Eslinger
   - Gentle Yoga by Ashley Walton-Beal
   - Heirloom Vegetables and Seed Starting by Andy Heren
   - Administrative Transformation Program at UWEC by Mike Knuth and Tracy Drier
   - Learn and Make with the Blugold MakerSpace by Dan Hillis and Team
   - So, What’s Going on with Wisconsin’s Climate? Rooting Climate Action in Gratitude for our Environment by Lily Strehlow

Cultivating Perspective | Campus Connections | Achieving Balance | Miscellaneous